



# GROUNDCOVER

NEWS AND SOLUTIONS FROM THE GROUND UP

MAY 2018 VOLUME 9 ISSUE 5

**\$2**

Your donation directly benefits the vendors.  
Please buy only from badged vendors.

**Ypsi Bike  
Co-op  
p. 6**

## INSIDE

Systemic poverty	2
America's "Hello Girls"	3
Renter empowerment	4
Billy Davis interview	5
Book review	5
Asian cashew stir-fry	7
Boober Tours update	8
Puzzles	9
Among the trees	10
Story of a prep cook	11



## Poverty-perpetuating structural forces to tackle



by Susan Beckett  
Publisher

As Ted Sylvester takes over the day-to-day operation of Groundcover, I have more time to contemplate what I've learned and how to use that to make a difference. The Poor People's Campaign and efforts to restore equal representation in government provide immediate opportunities.

I've been privileged to work with and learn from Groundcover vendors and volunteers who fight through so many obstacles on a regular basis. Doing something with what I've learned is important to me. Obstacles generally fall into four categories: economic, health, criminal justice and addiction. They are often intertwined.

The wide swath of economic difficulties

ranges from too little income to afford housing or health care to the fallout from past economic catastrophes continuing to drag people back under. It takes wealth to build wealth – even on a modest scale. Renting a place requires savings of triple the monthly rent. Our shelters and County help with this for their clients, and sometimes funds are found for suddenly displaced renters, but savings are necessary for most people to be able to rent.

When living hand-to-mouth, there isn't much left to cover emergencies. For people working in the informal economy (such as selling Groundcover News, babysitting or shoveling snow) or at part-time jobs without benefits, getting sick or hurt can mean imminent disaster, especially if they do not have a lease in their name.

And once a person undergoes a financial collapse, climbing out of the hole is made more precarious by the lack of access to banking services. If back taxes are owed or a creditor has a judgment, money deposited in a bank account is likely to disappear and be applied to the debt. Consequently, people hide or pocket their money for rent and other monthly payments and it is not uncommon for it to get stolen or lost. They also end up paying fees for money orders and check cashing.

But even worse is the lack of access to credit – especially to fix or acquire a critical piece of machinery on which one's livelihood depends, such as a painter's power washer. After the recession ended, a person I knew received a good-paying job offer but he couldn't accept it because it was not on the bus line. Because he didn't yet have a steady paycheck, he couldn't get a loan to buy a car to get to that factory.

The perils of Pay Day loans are well-known. Limiting usurious interest rates is getting attention on a national level. But simply eliminating them leaves folks who are over a barrel with even fewer resources.

United Way of Washtenaw County is working to address this gap. They are running a demonstration project that mobilizes credit-building, low-interest, no-fee loans of up to \$1,000 for their current financial coaching clients and members of local labor unions. However, it is likely to be years before the infrastructure and resources are in place to meet the general needs of even Washtenaw County. Access to financial services is critical to building wealth

and is a project worthy of support.

Breakdowns in health impede regular employment and family stability. Without effective treatment, they often lead to self-medicating with alcohol and street drugs. The Medicaid expansion has helped with managing some condi-

tions but migraines, asthma, severe arthritis and other diseases still preclude regular work for some sufferers. The proposed changes to the federal food assistance program, SNAP, to require 20 hours of weekly work to receive food

see POVERTY, page 11

## LETTERS to the EDITOR

### Kudos on King article

I recently read Will Shakespeare's article in Groundcover (April, 2018) titled "Martin Luther King, Jr. remembered: 'A Drum-Major for Social Justice'."

I would just like to comment that this was a very well-written and researched article. I greatly appreciated the author's reflection on the historic discrimination African Americans have faced, such as community redlining and disinvestment, as well as those that still persist, such as mass incarceration.

It is very important to have this historic context in order to understand why, as Mr. Shakespeare wrote, there are "millions of poor and homeless blacks" in our country today.

This article also serves as a wake-up call to Americans: that it is not merely enough to idolize Dr. King. We must continue his struggle against racial and economic inequality.

Rabi Osagie

### Fermi 2 up for DTE stockholder vote

A DTE Energy shareholder submitted a resolution for DTE to do a study on the economics of closing the Fermi 2 nuclear power plant before the end of their newly extended closure date in 2045. DTE lawyers appealed to the U.S. Securities and Exchange Commission (SEC) to be allowed to omit the resolution. However, the SEC ruled that it was a viable resolution that stockholders needed to vote on, and so it is now Proposal 5 in DTE's Stockholders Resolutions for shareholders' vote.

Fermi 2, like all nuclear reactors, was built to last 40 years, but recently the Nuclear Regulatory Commission (NRC) extended by two decades the license that was to expire in 2025. An organization promoting nuclear energy, the Nuclear Energy Institute, advised companies to go ahead and apply for another 20-year extension before current laws change. One company, Florida Power and Light, has already requested extensions for two of their reactors south of Miami.

A retired NRC official filed to rescind all the 20-year extensions because he believes the reactors will be so brittle after 40 years of operations that run-

ning them any longer increases the risk of a major disaster on the scale of Fukushima. In his testimony the official gave the example of a paper clip being bent. He said that if tests are done to show that one can bend a paper clip five times before it breaks, then that should be the rule. Don't bend the paper clip more than five times. This analogy suggests that the reactors were designed to run for 40 years before they faced a potential breakdown from fatigue. Now, Fermi 2 is licensed to run 60 years, with the option of making that 80 years – twice as long as it was designed to operate.

Two studies have shown that DTE could buy electricity on the open market cheaper than they can keep operating Fermi 2, and they are losing the customers who choose to put up their own solar system if DTE won't.

What can you do about it? Ask all the DTE stockholders you know to vote "Yes" on Proposal 5 and let DTE do the study to prove the issue – one way or another.

Jim Sherman

### A2 City Council's new term limits problematic

Dear Editor,

Ann Arbor City Council members recently extended their terms to three years each. Thus, every third year would be local-election-free and also

responsibility- and democracy-free.

The City Council phone number is (734) 994-2700.

Paul Lambert

## Remembering the "Hello Girls" – America's first female soldiers

by Will Shakespeare  
Groundcover Vendor #258

Memorial Day (or Decoration Day) is a federal holiday set aside for honoring people who died while serving in this country's armed forces. It is important to understand the difference between Memorial Day and Veterans Day. Veterans Day is designed to celebrate the service of all U.S. military veterans – not just the war dead as on Memorial Day, when many people visit cemeteries and memorial places to honor the sacrifice of men and women who died during military service.

The precise origin of Memorial Day remains the subject of intense debate – informal memorials appear to have started in the South early in the Civil War, and gatherings of newly freed slaves to honor black Union soldiers who died in the war form another important chapter in the story. By the 1860s, 27 northern states had started to observe the holiday at hundreds of cemeteries. Michigan led the way legislatively in 1871, making Decoration Day an official state holiday. By 1890, every other northern state followed Michigan's example. Today, Memorial Day speeches speeches have become something to expect from politicians, religious leaders and community leaders.

History tends to be written by men, about men. Nowhere is that tendency more conspicuous than in the way our nation's military history is normally told, which would have one believe that women played only peripheral roles in its shaping. Yet early on in America's history, women were integral to the successful function of our military – and often in surprising ways.

Shortly after the Civil War, soldiers' graves were decorated by women relatives and community members. Some historians suggest that such traditions started before the Civil War but accelerated in the southern regions afterward. During that war in the south, women in Savannah, Georgia were also recognized for decorating Confederate soldier's graves.

### Hello, Girls

In a tribute to America's first female soldiers, Professor Elizabeth Cobbs of Texas A&M University and Stanford's Hoover Institutions, observed that

toward the end of World War I (1918), young American women were enlisted in the army. General John "Black Jack" Pershing of the American Expeditionary Force asked for and received more than 200 women soldiers who enlisted and served as "front-line computers" in the war zone of France.

Women used early 20th-century telephone technology to help the Allied forces win World War I in France more quickly than anticipated. These young women were popularly known as "The Hello Girls." About 7,000 U.S. and Canadian women heeded the call to volunteer during World War I. Three hundred thirty-two were accepted, but only 223 were allowed to serve. They became telephone operators, and some of them came from Michigan cities. They were trained to serve overseas as members of the Army Signal Corps.

In March 1918, the first contingent of Hello Girls was sent to numerous battle locations. Some were sent to the front lines in France. Other contingents arrived just in time (September 12, 1918) for the final push in the battle of Saint-Mihiel. Some of the Hello Girls worked around the clock, handling telephone communication in eight front lines.

The bravery and courage of the Hello Girls were impressive. General Pershing stated, "The part played by women in winning the war has been an important one. Whether ministering to the sick or wounded, or engaged in the innumerable activities requiring your aid, the cheerfulness, loyalty, and efficiency which have characterized your efforts deserve the highest praise."

When the Hello Girls came home after their military service ended, a strange reality awaited them. They used their newly found confidence and courage to request veteran status, honorable discharge and World War I med-



Some female soldiers in WWI served on the front lines as telephone operators and members of the U.S. Army Signal Corps.

als. They were turned down. According to Ron Harrison of Michigan State University, the Hello Girls were turned down because regulations addressed males, not females. There was also a consensus that the Hello Girls were more civilian volunteers than military members.

Eventually, the injustice of the

Hello Girls' story gave new energy to the Suffrage movement, and in 1920 Congress passed the 19th Amendment to the Constitution, giving women the right to vote.

It took 60 years to rectify the wrong done against America's first female soldiers. President Jimmy Carter signed Senate Bill 1414 in 1978, giving recog-

nition to their services. However, only 50 were still alive.

Articles written by historian Lois Keel for the *Bell Telephone News*, Volume 9, described the Michigan connection to the Hello Girls of World War I. Oleda Joure Christides came from Marine City, Mich. and was in the final unit of the Hello Girls sent to France. She was only 20 years old. Another Michigan Hello Girl who joined the Michigan State Telephone Company was Ms. Louise Gordon. After their military service, she and Oleda Joure continued to work for the phone company. The third member of the Michigan Hello Girls was Cora H. Barlette from Hillsdale. She did not come home alive. She was the only female casualty of World War I. She was not killed by shell or gas. She was killed by a worldwide pandemic called the Spanish Influenza, which killed more U.S. soldiers than battles did.

In the age of the #MeToo movement, it is especially fitting that this Memorial Day we acknowledge the sacrifices made by the women of the Armed Forces, too.

## Show You Care!

- Buy paper
- Snap selfie
- Post picture

# #groundcovernews



## GROUNDCOVER MISSION:

Creating opportunity and a voice for low-income people while taking action to end homelessness and poverty.

Susan Beckett, Publisher  
contact@groundcovernews.com

Ted Sylvester, Executive Director

Andrew Nixon, Editor

## Contributors

Elizabeth Bauman  
Marti Bombyk  
Martha Brunell  
David KE Dodge  
Thomas King  
Lori Lawrence  
Rasna Neelam  
Will Shakespeare  
Kevin Spangler

Story or Photo Submissions:  
submissions@groundcovernews.com

Advertising:  
contact@groundcovernews.com

www.groundcovernews.org  
facebook.com/groundcover  
423 S. 4th Ave, Ann Arbor  
734-707-9210



## Renters find power in numbers

by **Marti Bombyk**  
Professor of Social Work  
Eastern Michigan University

It's always a good thing to move into an apartment after a long stretch of housing worries. But any number of things can go wrong with affordable housing that is run by landlords who are trying to reduce costs and make profits. It can be worsened if they do not understand their tenants and respect them. Callous attitudes and cutting corners can hurt renters' quality of life.

No one deserves to live in a slum or filth. No one deserves to be harassed by unprofessional property managers or be threatened with eviction for the slightest excuses. This is especially true for people considered vulnerable – such as persons with disabilities, persons engaged with or exiting the court system, seniors, youth who are transitioning from foster care, families receiving services and persons in recovery.

Less affluent tenants in Washtenaw County are imperiled by rent increases or losses in income that make their units unaffordable. Beside the struggle to remain housed while trying to escape poverty, there is also the risk that housing is substandard due to problems with plumbing, wiring, appliances, walls and flooring, elevators or nasty conditions like sewer back-ups and mold. The landlord might be unresponsive in making repairs, ensuring upkeep and providing safety with lighting and locks.

Moreover, the leases offered by landlords may unfairly disadvantage residents. The leases could make tenants vulnerable to unreasonable fees, fines and rent increases while constraining daily living with harsh rules and threats



**Pam Miller (right, President of the Chidester Resident Council) and Marti Bombyk (second on left, Groundcover Contributor) stand with some residents of Chidester Place Apartments, which has had a functioning resident council since 2001.**

of punishment for minor infractions. The fear of getting evicted is legitimate because of the damage it can do on future credit reports and background checks, not to mention the huge disruption and costs entailed from moving again.

But there are solutions to these kinds of power imbalances. Renters in several apartment communities in this county are finding ways to raise their voices to let property management and landlords know that serious changes are needed. They tell me they are finding their strength in the power of numbers – by banding together with fellow tenants, they are developing organizations that empower them to push back against unfair housing practices.

They are doing now what no one dared do alone, by having resident leaders communicate with management to discuss their concerns that affect their health and safety. Tenants feel their organizations can protect their

it is simple: when the community of tenants meets, it is easier to hear each other and to be heard by management.

Choosing his words carefully with a “you know what I mean” look on his face, “Howard” underscored his perspective that management is more likely to take the residents seriously, to be more concerned with abiding by the law, and to realize it needs to pay attention and try to understand the residents better. Once tenants start organizing, it is only a matter of months before their conversations turn into carefully made decisions, followed by well-planned actions. The result is that the renters create a path to power that ends their fears, resists intimidating tactics and demands respect.

Reflecting on the recent journey shared by her renter community, “Rachel” felt that it is not always easy to patiently and respectfully listen to each other's opinions, especially with contrary personalities. She also cautioned that the resistance put up by their organization, even if supported by attorneys and other community allies, is not necessarily going to result in a 100-percent win.

But she felt it was worth the effort, because the neighbors who were once disconnected and afraid were able to make new friends, to become a cohesive, caring community, and to give each other hope. In the long run, the greatest accomplishment can be experiencing the beauty of people looking out for each other, believing in their common cause and committing to it together.

## All Are Welcome at the next GROUNDCOVER VOLUNTEER MEETING

Tuesday, May 8 at 7:00pm

**Bethlehem United Church of Christ**  
423 S. 4th Ave., Ann Arbor, MI  
Opposite the elevator on the basement level

## Billy Davis and the myth of stardom

by **Thomas King**  
Groundcover Vendor #439

If you gave guitar lessons to Jimi Hendrix when Hendrix was 15 years old, would it justify your existence on planet Earth more than simply being a decent human being? Recently I have become acquainted with Billy Davis, who is entering his 80th year, born in 1938 in Benton, Miss. and currently residing in Southfield, Mich.

The more I am in his presence, the more I am aware of his saintly qualities. In 1960, Davis was a driving force of the largely popular Doo-Wop group Hank Ballard & the Midnighters. Davis co-wrote “The Twist,” which became one of Chubby Checker's greatest hits. Later in the '60s he teamed up with Jackie Wilson to write “Higher & Higher.”

If you were alive in the 20th century, chances are you heard those songs. Now I am a concert promoter, relying on hyperbole to get people through the door to see live musical acts, so I'm

suspicious of anything that appears bodacious. Hence my motivation for this interview: to get to the source with Billy Davis himself. I called him on the phone at 1 a.m., as he's typically awake playing bar gigs. Previous phone calls before noon proved fruitless.

**A:** A lot of people seem to honor you because of your association with Jimi Hendrix. Why is that?

**BD:** I don't know.

**A:** Can you offer a chronology of the relationship?

**BD:** I was touring with Hank Ballard & the Midnighters and we were playing The Eagle Auditorium in Seattle, Wash. (Jimi's birthplace). All of the big shows in Seattle at the time were at the Eagle. Pat Patterson, a trumpet player, came backstage during the intermission saying, “There's a kid out there who wants to meet you.” Three times the kid pestered Pat, so I finally met him. He had his guitar with him, so I showed him some guitar techniques.

**A:** What year was that?

**BD:** 1959.

**A:** Why did Hendrix achieve such fame and prestige?

**BD:** He was the first one to do what we did outside of the United States – Hendrix went to England.

**A:** Do you mean plucking the strings?

**BD:** Yeah, playing behind the back, doing the flips.

**A:** I touched your back prior to a gig at The Stonehouse Bar in Detroit – you're very muscular. Do you work out?

**BD:** My first profession was a boxer. While on tour I'm always looking for a gym to work out in and jog.

**A:** You were friends with Elvis.

**BD:** In 1960 Elvis Presley got out of the army. They had a big party for him at Graceland. Tennessee State Troopers came to escort us to the party, so we

could play. I have over 50 unpublished photographs of Elvis Presley.

**A:** That alone should be enough for you to get a book deal. I'm aware that you will be honored with a concert performance at The Rock and Roll Hall of Fame this year. When is that date?

**BD:** It's up to me.

**A:** I'm aware of your strong relationship with Mighty Mike, the 9-year-old harmonica wizard. Why are you intrigued by him knowing there are 70 years between you two?

**BD:** It's unusual to see a kid play blues like an old guy; haven't seen it before.

**A:** You were friends with Elvis, Sam Cooke, Jimi Hendrix and have photographs to prove it. Why do you think stardom was their fate and longevity was yours?

**BD:** I've asked myself that question a thousand times.

## BOOK REVIEW

### What Have We Done: The Moral Injury of Our Longest Wars

by **David Wood**  
Little, Brown and Company (2016)

Reviewed by **David KE Dodge**  
Groundcover Contributor

“What Have We Done: The Moral Injury of Our Longest Wars” examines the effects of modern warfare on the minds of the soldiers who do the fighting. It goes beyond diagnosed conditions and probes the effects of following orders that violate one's personal code.

It raises many questions. Is PTSD a neurological or psychological disorder? What is “moral injury”? Is it the same thing as PTSD? What causes it? How do the modern approaches to insurgencies challenge combatants in ways that conventional warfare doesn't? What recognition did the ancients give moral injury, and how did they deal with it in warriors returning home from battle? What recognition of, and treatments for, moral injury are institutionally provided by the Department of Defense and the Department of Veterans Affairs? Why are some service personnel and veterans “misfits” when returned to civilian life? Who should be treating men and women with moral injury –

the government, mental health professionals, clerics? What can civilians do to help troubled service persons and veterans?

In an elegantly thought-out presentation, David Wood suggests answers to these and many other questions, and describes the current state of the art in treating moral injuries among service personnel and veterans who have seen combat.

Wood was raised in a pacifist Quaker home and was an anti-war activist while the Vietnam War raged. His religious background qualified him for a deferment from the draft.

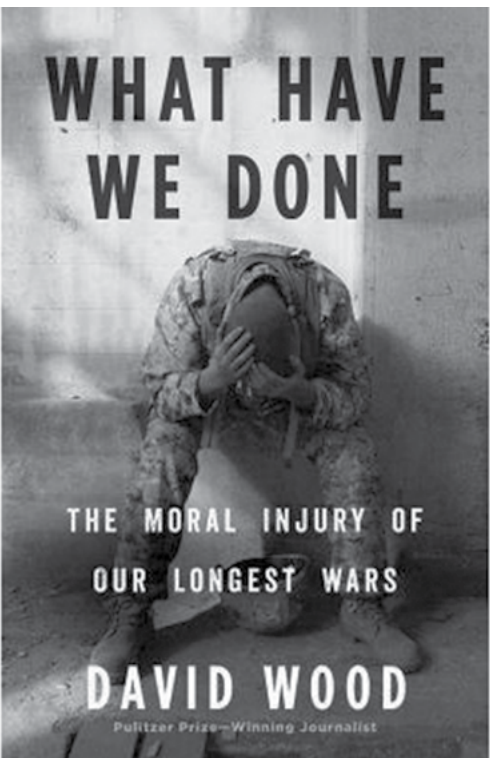
But as a journalist embedded in fighting units for over 30 years, he has intimate familiarity with what it's like to fear possibly imminent death, watch beloved comrades die and respond to gut-wrenching moral (and legal) dilemmas demanding immediate action. Though never trained as a combatant, Wood has, in tight situations, directly participated in combat.

His background ideally prepares him to compassionately develop and convey an

understanding of what U.S. service personnel experience in the theaters of insurgency currently in contest, and how those experiences impact them psychologically.

The picture Wood paints of the current state of treatment for moral injury is one of uncertainty – the mental health profession appears to be trying to reinvent the wheel in order to address a conspicuous therapeutic gap. The author interviewed Bill Nash, a psychiatrist with extensive history both as a military officer and as an Assistant Clinical Professor of Psychiatry at UC-San Diego. Woods asked Nash why “there appeared to be no connection between therapists and veterans to address moral injury.” Nash responded, “We have no good treatments. We simply don't.”

“What Have We Done” is available at the Ann Arbor District Library.



## C & K CLEANING

Owners & Operators  
Candace Woods & Kigoma Govan

Residential Cleaning  
Commercial & Construction Cleanup

**20% OFF STUDENTS/SENIORS**

Laundry pick-up with next day service available

734-726-2255  
480-225-8693

ricochick1974@gmail.com

1209 S State St  
Ann Arbor, MI 48104

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**ANN ARBOR YMCA**  
400 West Washington Street  
Ann Arbor, Michigan 48103  
www.annarborymca.org

**JOIN HERE  
IT'S GOOD FOR  
THE HEART**

At the Y, we exist to strengthen community. Together with people like you, we nurture the potential of kids, help people improve their health, and provide opportunities to support our neighbors. So join our cause. And create meaningful change not just for your family, but also for your community.



## Ypsi Bike Co-op volunteers teach while repairing bikes for free

by Rasna Neelam  
Groundcover Contributor

After a successful first season in 2017, the Ypsi Bike Co-op is back! The Ypsi Bike Co-op, started by members affiliated with their precursor, Bike Ypsi, will join the Ypsilanti Farmers Market-Depot Town on Saturdays starting May 5, 2018.

The co-op, which sells, recycles and repairs bikes, is focused primarily on education and building community.

"When people come to us, they know they're going to learn something," said Ryan Jordan and Ryan McGavock, two of the co-op's volunteers. "Anyone can come with their bike and not only will we fix the bike, but we prefer if they stay so that we can teach them how to manage and repair their own bikes in the future."

The origins of the co-op were simple: a love of biking and a mutual passion for giving back to the community. Many of the volunteers met through bike rides, advocacy work or through Bike Ypsi, a similar organization that is no longer in operation. Only a few of the volunteers are professional bike mechanics. The rest of the volunteers – including professors, business analysts, teachers, chemists, writers and more – are bike enthusiasts who learn on the job and are happy to donate their time evenings and weekends to keep the co-op running.



Ryan McGavock (right), an Ypsi Bike Co-op volunteer, mentors a young man on fixing his bike at the 2017 Ypsi Farmers Market.

During the 2017 Farmers Market season, the co-op members helped the community work on 325 bikes, received 40 donated bikes, and found new homes for 31 bikes. Over 740 volunteer hours were logged. Market visitors brought their bikes to the co-op repair booth and volunteers walked them through fixing a range of issues, from flat tires and minor tune-ups to major overhauls like new brakes and straightening wheels.

Jordan and McGavock recalled some of the most rewarding moments of the first season. On one Saturday, Ypsi Bike Co-op assisted a community member

who was commuting miles to work in Ann Arbor each day on an old mountain bike that was too small. Volunteers helped adjust and repair his bike and built a basket in the back so that he could store his bags during the commute. Another weekend, co-op volunteers donated bikes to students who were walking miles to work and school. Moments like this have been extremely fulfilling for the volunteers and drive them to continue to expand into the future.

One of the co-op's biggest priorities for growth is to involve more volunteers in their work. Volunteers do not need to have prior experience, only enthusiasm and time to spare! In addition to volunteers, the co-op is also looking for donations in the form of time, money, old bikes and parts – including tires, chains and brake pads.

The co-op worked with Jewish Family Services last year, teaching children how to repair bikes, and the co-op is looking to collaborate with more volunteer groups in the future.

If you are a community member who needs help with transportation or bike repair or is interested in volunteering, you can visit the Ypsi Bike Co-op at the Ypsilanti Farmers Market-Depot Town starting in May. You can also find more information about the co-op on their Facebook page, [www.facebook.com/ypsibikecoop](http://www.facebook.com/ypsibikecoop). For more on the farmers market, visit: [growinghope.net/farmers-markets/ypsilanti](http://growinghope.net/farmers-markets/ypsilanti).



1432 Washtenaw Ave.  
734-662-4466  
Rev. Dr. Fairfax F. Fair, Pastor

All Are Welcome!

[www.firstpresbyterian.org](http://www.firstpresbyterian.org)



St. Francis of Assisi Parish

Come Worship With Us!

### Mass Schedule

Saturday 5 pm (English) & 7 pm (Spanish)

Sunday 7 am, 8:30 am,  
10:30 am, 12:30 pm, 5 pm

2250 East Stadium Blvd., Ann Arbor  
[www.StFrancisA2.com](http://www.StFrancisA2.com) 734-821-2100

## Asian cashew stir fry

by Elizabeth Bauman  
Groundcover Contributor

### Ingredients

3 tablespoons canned low-sodium chicken broth or vegetable broth  
1 scant teaspoon cornstarch  
3 to 4 tablespoons cooking oil  
1 cup cashews  
Dried red-pepper flakes  
1 pound mushrooms, sliced thin (I use Cremini)  
1/2 teaspoon salt  
4 scallions, white bulbs sliced thin, green tops chopped and reserved separately  
3/4 teaspoon Asian sesame oil or peanut oil  
3 cloves garlic, minced  
1 pound broccoli, thick stems removed, tops cut into small florets  
1 1/2 pounds shredded cabbage/carrot mix (I get mine at Trader Joe's) or Chinese cabbage  
1 tablespoon oyster sauce  
2 tablespoons low-salt soy sauce  
2 cups brown or white rice

### Directions

In a small bowl, combine 1 tablespoon of the broth with the cornstarch. In a wok or a large nonstick frying pan, heat 1/2 tablespoon of the cooking oil over moderately high heat. Add the cashews; cook, stirring, until starting to char, 1 to 2 minutes. Transfer the nuts to a medium bowl and add a pinch of red-pepper flakes.

Using the same pan, heat 1 tablespoon of the cooking oil over moderately high heat. Add the mushrooms and 1/4 teaspoon of the salt and cook, stirring occasionally, until golden brown (about 5 minutes). Add to the bowl with the



cashews. Stir the scallion greens and sesame oil or peanut oil into the mushroom mixture.

Heat the remaining 1 to 2 tablespoons

remaining 2 tablespoons broth and 1/4 teaspoon salt (omit this salt if you are not using low-salt soy sauce), 1/4 teaspoon red-pepper flakes, and the oyster and

of cooking oil over moderately high heat. Add the scallion bulbs and garlic; cook, stirring, about 30 seconds.

Add the broccoli and cook, stirring, for 1 minute. Add the cabbage; cook, stirring, until the cabbage wilts, about 2 to 4 minutes. Stir in the

soy sauces. Stir the cornstarch mixture again and then add it to the pan and bring to a boil. Cook, stirring, until the sauce coats the vegetables, about 1 minute. Serve topped with the mushroom mixture.

*A lot of steps to this meal, but just so delicious!*

A BENEFIT FOR FOOD GATHERERS

**GRILLIN' 2018**



Sunday, June 10 3-8 PM  
Washtenaw Farm Council Grounds  
5055 Ann Arbor-Saline Road  
Ann Arbor

### TICKETS!

In advance at [foodgatherers.org/grillin](http://foodgatherers.org/grillin) \$75/Adults \$10/Kids (ages 3-13)  
At the door \$85/Adults \$10/Kids

(734) 761-2796

[foodgatherers.org/grillin](http://foodgatherers.org/grillin)



## COMMON CYCLE

Community Bicycle Repair and Education

Sundays, April-October

11 AM-3PM

Sunday Artisan Market in Kerrytown  
315 Detroit St, Ann Arbor

Maintenance courses and workshops offered year-round



[commoncycle.org](http://commoncycle.org) | [info@commoncycle.org](mailto:info@commoncycle.org)

## Strange (but Mostly True) Stories About a Mother and her Daughter • Cy Kloné © 2018

I don't know what's wrong with me; I can't stop vocalizing obnoxiously!

It's not like we haven't noticed. When did you get so fussy and attention-seeking? That's my thing!

It's almost like the more he lets me do, the less happy I am. Then I want even more.

Do you really expect him to keep doing more and more just because you have a loud, persistent voice?

That's why I'm talking to you. I can't stop myself. I need help!

After listening to you, we all do. Ever think maybe you have cabin fever and you haven't been outside enough lately?

He's supposed to entertain me so I won't think about that!

Right, and until that happens you'll serve your whine at any time.



## Wow! Exciting things happening with my life and Boober Tours

by Kevin Spangler  
Groundcover Vendor #307

I believe we have a special power to create our realities. So, if you are seeing any type of negativity, it is a direct result of the thoughts and decisions that you make on a daily basis. I was going through struggles with the energies around me and when I noticed this, I looked upon myself and thought of what it was I was doing wrong.

A lot of times it's hard to pinpoint where the source of our negativity is coming from. So, I looked to my gohonzon (a Buddhist scroll, which is a mirror to my inner Buddha nature) and I made commitments to chant over an hour a day for my family, my friends, my business partner and the whole world to be happy, healthy and wealthy.

Since I know I can't control people – I can only control my thoughts, words and actions – I decided to introduce this Buddhist practice to as many people as possible to help them. I have introductions to Buddhism on the bookshelf at my warehouse. I will also take time out of my day at any time to introduce this to anyone who might be interested in learning. I have gotten three people to get their gohonzon ev-



**Boober pedicabs will serve Ann Arbor Farmers Market shoppers while streets around the market are repaved and parking is diverted to the Ann Street parking structure. Large orders can be managed by the Boober trailer.**

ery day and I am seeing my life and the lives of others around me change.

We are mapping out the future for the planet. I have taken on a massive goal that I knew I was going to be doing at an early age.

I have found that I cannot make any poor decisions because doing so will take away from my vision for the future. At this point in my life, I cannot afford to do that because a big part of

my new reality is to realize how much of an impact we all have on each other and how important the decisions we make are to the rest of the world.

Boober got a new addition to the crew and we have been working tirelessly to create the biggest and best internet presence for a GoFundMe campaign to assist with our incredible goals to impact the world in a positive way. The GoFundMe campaign will focus on my plan to create a mobile social media and transportation app, and a wellness center to teach people how to overcome life obstacles by focusing on positive encouragement and raising your vibration in the world.

I have been chanting so hard and long for the right people to come into my life, and as a result, an amazing human being walked into my life. Jeff Goodrich is my Business Consultant and he is extricating my plan from my head and displaying it so the digital world can see. We have crafted a detailed business and marketing plan, we are completing Boober's taxes, organizing special events and finally creating the GoFundMe campaign that everyone has been telling me to do. Boober Tours is now on a clear path and the vision is

being realized. I believe this is a direct result of chanting and sending out positive vibrations to the universe.

I have been developing many beautiful relationships with the businesses and community of Ann Arbor. The latest is Engage, which is a local business that helps to connect like-minded businesses. I have been trying to connect with SPARK Ann Arbor. It turns out they have heard of Boober Tours and want to connect with me to see where they can help me. I want to help them with transportation and advertising for the upcoming Tech Trek 2018 because I believe in the cause and in this great city of Ann Arbor. We have partnered with PedalCell, testing their bike-powered phone charger. They won the Michigan Business Challenge Impact Track, beating out 100 other student entrepreneurs.

Boober is also in communication with Michigan International Speedway for human-powered transportation services at the races.

Starting in May and ending sometime in fall of 2018, look for Boober Tours' distinctive pedicabs to provide shuttle service assistance to and from the Ann Arbor Farmers Market. Due to construction at Fifth and Detroit Street between Catherine and Kingsley, parking around the market will be severely curtailed so the City is providing free parking at the Ashley Street structure during Market hours. The distance could prove problematic for some patrons loaded with purchases. Boober Tours loves to assist the community with solving transportation issues and this is definitely an issue that we can help with. **Find a coupon for 1 free ride from the Farmers Market on the back page of this newspaper.**

If you are interested in donating to the soon-to-be most impactful business in the universe, please search Boober Tours on the GoFundMe website.

A continued thank you to Nancy and the many donors to our great cause who keep the momentum going. It's the community of Ann Arbor who built Boober Tours to the level it is at today and we have immeasurable gratitude for that.

## Sudoku ★★★★★ 4puz.com

	5	6			2			
	4		3	6		1		
2		1					7	
1		3		2				
5	8			7			6	1
				4		8		7
	1					7		3
		9		8	5		1	
			1			9	4	

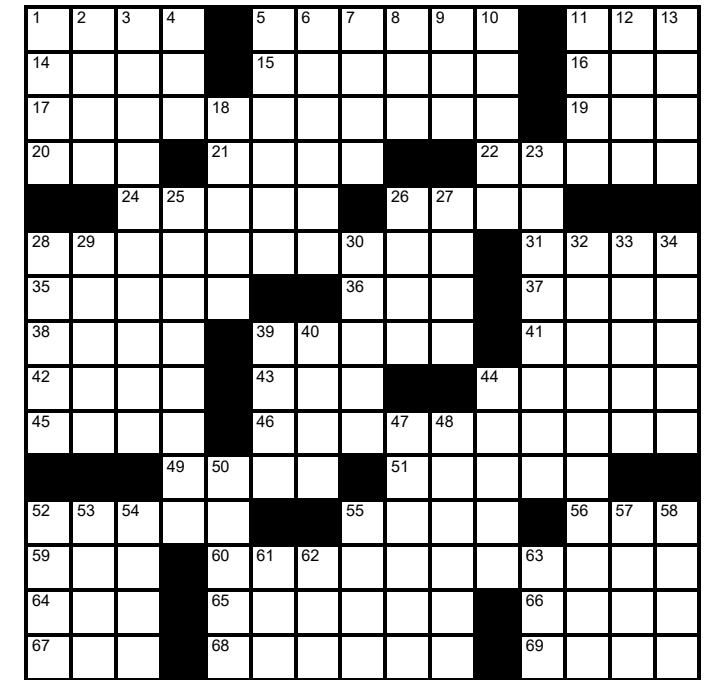
Fill in the squares so that each row, column, and 3-by-3 box contain the numbers 1 through 9.

## Are Not!

Tracy Bennett and Victor Fleming

### ACROSS

- 1 Check follower
- 5 Watching James Corden, say
- 11 Spigot
- 14 Impressed teen's comment in the 2000s
- 15 Riveted
- 16 Word after modern or common
- 17 Bee team's B-team?
- 19 Broadcast
- 20 Petition
- 21 North Yorkshire river
- 22 D-sharp equivalent
- 24 Bizet priestess
- 26 Compete in a bonspiel
- 28 Techno-frats, collectively?
- 31 Edwards and Vance: Abbr.
- 35 Goodie candidate?
- 36 Bunny's move
- 37 Medieval protective wear
- 38 Minnesota's state bird
- 39 Like chowder to a Mainer... or like the six longest answers in this puzzle
- 41 Austen heroine described as "handsome, clever, and rich"
- 42 Deputy \_\_\_\_
- 43 \_\_\_\_ Lingus (European carrier)
- 44 Pivotal year
- 45 \_\_\_\_ Domini (year of our Lord)
- 46 Chef without a range?
- 49 Some, near the Somme
- 51 Fed on
- 52 "Samesies!"
- 55 Wire-haired celeb of the 1930s
- 56 Didn't raise
- 59 Matrimonial deal-sealer
- 60 In groupers?
- 64 Dynamic sleep phase, informally
- 65 Grassland
- 66 Pay to play
- 67 Key left of Q
- 68 Print corrections
- 69 Phase 1 of Operation Neptune



© Tracy Bennett and Victor Fleming (published via Adobe Acrobat DC)

### DOWN

- 1 Southwestern land formation
- 2 Mimics
- 3 Laughable theory?
- 4 \_\_\_\_-friendly (green)
- 5 To an excessive degree
- 6 Be mistaken for
- 7 Lo-cal
- 8 Mahershala of "Moonlight"
- 9 Average age of a fifth grader
- 10 Handy tool for a manicure
- 11 Common duck breed
- 12 Madame Butterfly's "Un Bel Di," for one
- 13 Go separate ways
- 18 Interference
- 23 Energetic Andalusian music and dance style
- 25 Barely making, as a living
- 26 Corporate top dogs: Abbr.
- 27 Cries foul, in a way
- 28 Israel's first ambassador Meir
- 29 Web-based mortgage provider
- 30 Unit of heat energy
- 32 Delusion of grandeur?
- 33 Airhead
- 34 Leeway
- 39 Word with rat or human
- 40 Bill Clinton and Barack Obama, astrologically
- 44 NBA analyst Shaquille
- 47 Biff the Wolverine, once
- 48 Capital that's home to the Rideau Canal Skateway
- 50 Denying words
- 52 Dig it or dish it
- 53 Notion
- 54 Vault
- 55 Verdi's Ethiopian princess
- 57 "It is," to Soledad
- 58 "So \_\_\_\_ say"
- 61 Neither 'neath nor 'twixt
- 62 72 at Pebble Beach Golf Links
- 63 Craze

## Bethlehem United Church of Christ

423 S. Fourth Avenue, Ann Arbor, MI 48104 734-665-6149  
Bethlehem-ucc.org facebook.com/bethlehemuccA2

Bethlehem Church is home of the Groundcover office

### May 2018 EVENTS at Bethlehem Church:

- |        |   |
|--------|---|
| May 3  | Bethlehem Prayer Circle, 11:30-12:15  |
| May 5  | Ann Arbor Youth Chorale Spring concert in the Bethlehem Sanctuary: \$10 adults and \$5 students |
| May 6  | Fiesta Taco Bar and Habitat Cake Auction fundraiser   |
| May 12 | German Pretzel Sales, 10:30 – 12, \$1 or \$10 dozen<br>Call to pre-order at 734-665-6149        |
| May 17 | Bethlehem Prayer Circle, 11:30-12:15  |
| May 25 | German Pretzel Sales, 11 – 1:30, \$1 or \$10 dozen<br>Call to pre-order at 734-665-6149         |
| May 25 | Fourth Friday Family Fun Night!, 6-8:30 in the Theater & Education room                         |



a just world for all

Sunday Worship Times  
8:30 a.m. Chapel  
10:00 a.m. Sanctuary  
10:15 a.m. Sunday school  
Coffee Connection follows each service

## GROUNDCOVER NEWS ADVERTISING RATES PACKAGE PRICING

Size	Black and White	Color	Approx. Size (W x H)
Business card	\$49.95	\$65.95	3.5 x 2
1/8	\$89.95	\$129.95	5 x 3 or 2.5 x 6.5
1/6	\$129.95	\$165.95	5 x 4
1/4	\$159.95	\$215.95	5 x 6.25
1/2	\$299.95	\$399.95	10.25 x 6.5 or 5 x 13
Full Page	\$495.95	\$669.95	10.25 x 13

Three Months/Three Issues: 15% off

Six Months/Six Issues: 25% off

Full Year/Twelve Issues: 35% off

Additional 20% off ads with coupons

## GROUNDCOVER VENDOR CODE

While Groundcover News is a nonprofit organization and newspaper vendors are considered contracted self-employers, we still have expectations of how vendors should conduct themselves while selling and representing the paper.

The following list is our Vendor Code of Conduct, which every vendor reads and signs before receiving a badge and papers. We request that if you discover a vendor violating any tenets of the Code, please contact us and provide as many details as possible. Our paper and our vendors should be positively impacting our County.

**All vendors must agree to the following code of conduct:**

- Groundcover News will be distributed for a voluntary donation of \$2, or the face value of the paper. I agree not to ask for more than face value or solicit donations by any other means.
- I will only sell current issues of Groundcover News.
- I agree not to sell additional goods or products when selling the paper or to panhandle, including panhandling with only one paper.
- I will wear and display my badge when selling papers.
- I will only purchase the paper from Groundcover News Staff and will not sell to or buy papers from other Groundcover News

vendors, especially vendors who have been suspended or terminated.

- I agree to treat all customers, staff and other vendors respectfully. I will not "hard sell," threaten, harass or pressure customers, staff, or other vendors verbally or physically.
- I will not sell Groundcover News under the influence of drugs or alcohol.
- I understand that I am not a legal employee of Groundcover News but a contracted worker responsible for my own well-being and income.
- I understand that my badge is property of Groundcover News and will not deface it. I will present my badge when purchasing the papers.
- I agree to stay off private property when selling Groundcover News.
- I understand to refrain from selling on public buses, federal property or stores unless there is permission from the owner.
- I agree to stay at least one block away from another vendor. I will also abide by the Vendor corner policy.

**If you see any Groundcover News vendors not abiding by the code of conduct, please report the activity to:**

contact@groundcovernews.com  
(734) 707-9210



JOIN US!

**WORSHIP - SUNDAYS 10:00AM**  
**HUNGER MEAL - TUESDAYS 5:30PM**

SMALL GROUPS, CAMPUS FELLOWSHIP, CHRISTIAN EDUCATION  
FOR ALL AGES, SERVICE OPPORTUNITIES, MUSICAL EVENTS.

FBCA2.ORG  
734-663-9376  
517 E. WASHINGTON  
REVS. PAUL AND STACEY SIMPSON DUKE, PASTORS



## Pause among the trees



by Rev Dr.  
Martha Brunell  
Groundcover  
Contributor

Each spring, sometime in April, I lead a retreat with members and friends of the congregation I now serve. This year was no exception. At our planning meeting back in the January depths of winter, Ann, who always attends the annual retreat, said she wanted this year's event to have a strong outdoor component. With that in mind, I created a design called Pause Among the Trees.

We reserved the lodge at a nearby forest preserve. I imagined and laid out an interactive and experiential day among the trees of MacQueen Forest Preserve, just north of Kingston, perched above the winding Kishwaukee River. We were going to be outside as much as possible, using all our senses to soak up what the trees had to offer. We would engage in the spirit of what the Japanese call "forest bathing." Since the 1980s they have immersed themselves in the atmosphere of the forest as a means to promote health and wellbeing.

The unusually cold weather of April 2018 had a strong influence on what actually happened at this year's retreat. Mid-week before our retreat day I scrapped what I hoped the day would include and came up with an inside-based day away. When we arrived at MacQueen that chilly morning, we learned that persistent low temperatures had prevented them from turning on the water. We would have to pack up all our dirty dishes and tableware to bring back to church at day's end, and the inside toilets were not operational. There were some very nice outhouses not far from the lodge down an accessible pathway.

And then there was the matter of warmth. The huge fireplace had an insert with a blower, and we had come equipped to build a fire. It did take us a few hours to figure out the sweet spot in the immense space of the lodge where the combination of fireplace, blower and ceiling fans deposited the greatest concentration of heat. We dragged and circled several long and large tables into that pool of warmth. The trees, just outside the lodge windows in every direc-

tion, waited for us to get settled.

Ancient Celtic Christians taught us long ago that we can interact with the sacred not only through words of holy texts but also through the wisdom, stirring and stillness of the natural world where we move and have our being. Contemporary poet William Stafford points out: "The earth we are riding keeps trying to tell us something with its continuous scripture of leaves."

On quite a cold day, in the early reach of spring 2018, that scripture of leaves was all around us and beneath our feet on the way to the outhouse. We listened at a gentle pace, and the still-bare trees were richly present.

With them we explored rootedness, mutuality and inter-connection, balance, generosity and decay. We placed on our altar for the day written memories of specific trees that had touched us – hemlock, blue spruce, sugar maple, poplar, crab apple, hackberry, weeping willow and others. The opportunity was there for us to enter slow, stretched-out tree time, leading back all the way to our primate ancestry in the forest. A recorded forest soundtrack of birdsong, rain and wind in the branches reminded us of different forest voices. There was a taste test featuring tree edibles from root, up the trunk and into the branches.

As a blessing mid-day, each of us used a simple writing structure to hold our thoughts, our yearnings and our fresh understandings

there with the trees. When we took into our very selves the outpouring of oxygen from the trees standing with us, we were challenged to consider, down to our bones, the metaphor of the tree of life. The forest was mentor for the connection and oneness survival requires.

In his classic book, "The Lorax," Dr. Seuss wrote about us and the trees. The Lorax warns as the truffula trees are disappearing at an alarming rate that "unless someone like you cares a whole awful lot, nothing is going to be better. It's not."

And in another place that same Lorax proclaims, "I speak for the trees."

It is essential now more than ever that we care a whole awful lot and that we speak up for the trees. However, that speaking is strengthened when we are guided by the witness of the trees, the teaching, healing, poetic and prophetic witness of the trees. In each and every season, warm or cold, the trees encourage us to pause among them, with one another, for the sake of the widest whole possible.



## 2018 HOME MAINTENANCE WORKSHOPS

### Join us for demonstrations and information

Learn how to repair drywall, fix a screen, how to caulk and choose the right kind, when you should call a professional and much more!

## Dates & Times

**FREE Workshops!**

Wednesday	June 6, 2018	6:30 – 8:30 PM
Tuesday	July 10, 2018	6:30 – 8:30 PM
Tuesday	August 7, 2018	6:30 – 8:30 PM
Thursday	September 13, 2018	6:30 – 8:30 PM
Wednesday	October 10, 2018	6:30 – 8:30 PM
Thursday	November 8, 2018	6:30 – 8:30 PM
Tuesday	December 4, 2018	6:30 – 8:30 PM

### Workshop Location

Habitat for Humanity of Huron Valley  
170 Aprill Drive Suite A  
Ann Arbor, MI 48103

### Register

Contact: Gaby Kuschmann  
Phone: 734-882-2006  
Email: gaby@h4h.org

Sponsored by Washtenaw Housing Education Partners (WHEP)



## In gratitude – an Ann Arbor prep cook's perspective

by Lori Lawrence  
Groundcover Contributor

Adversity comes instantly or simmers like soup, reaching to boil when the heat turns up. Despite tragedies that have left devastating impacts, this cook finds gratitude and grace from within a dark place. My small voice comes from the large kitchen at Grizzly Peak Brewing Company. I have personal heart-strings attached to Ann Arbor and this restaurant and so they are the backdrop to my story.

These last few years, I've been writing into the night, early mornings and while I work with pen and paper tucked away in my chef pants pocket. It hasn't been easy to keep up as I've baked my cakes and stirred my pots of soups, chilis and chowders.

My therapeutic writing is a blessing, as it explains my silent desperation as a

troubled, single mother of three now-grown children – two of whom suffer mental challenges – with their aloneness bringing much anguish. Nothing's been more frustrating than this mother feeling alone and helpless, walking through life and working for a living in despair for what my loved ones endure.

Writing for Groundcover came by chance. There's purpose to involvement, volunteering my words to this paper. I spoke about this at Christmastime to longtime paper vendor Tony, wishing for a while to share food for thought about the disadvantaged. Walking to or from work, I chat with folks on the street and buy their copies. It makes me feel good, and them too. Sometimes, I share my smokes in the alley with them at breaktime.

I have a haunting memory of a crude remark I made to a man eating out of the garbage. It's always my reminder

of insensitivity crushing a soul. I was 18 and skipping through San Francisco, carefree as can be. I never forgot how my cruel comment caused such an eruption of anger in the man that I could have crawled into a hole and died.

I put myself in the shoes of the humiliated, knowing he didn't ask for a life of stress and strife. I'm forever sorry for what I did and forever humbled by my blessings to work and live in dignity. From where I stand, between wealth and poverty, I'm hypnotized by a prosperous downtown Ann Arbor. We see what we want to and close our eyes to much. This is so apparent to me, as many can't comprehend my children's despair, which has truly inspired me to write of lives in turmoil.

My longing is for all to show compassionate regard towards those afflicted with mental disorders like depression

that take prisoners from every race, religious background and social status. It is time to sincerely view disabled people's pain, recognize battlefields and look beyond blind ignorance. The time is now for families and community to open and extend their hearts to those who face unforeseen misfortunes and are brought to their knees praying for help to come.

I've looked beyond my own pain to realize that our best virtue lies in being thankful for what we do have. Adversity can strike at any time, for anyone, so one can never be too sure of lasting good fortune. For a better tomorrow, embracing grace in personal growth shall surely pull us through our troubles.

Lori Lawrence is currently working on the publication of her book, "Between the Garbage and the Flowers."

## Poverty-perpetuating systems

continued from page 2

will likely hit these people hard.

Many unemployed people who look able-bodied are plagued by depression, anxiety, PTSD and other mental health disorders that lead to failure in traditional work environments. Some could be successful in certain careers but they never get past the interview stage. Appropriate treatment could make the difference for some.

A police record severely limits work potential – many employers do not even interview otherwise-qualified applicants that have a conviction history. The inability to meet one's needs through legitimate means often leads to substance abuse and further prosecutions. While other states have prohibited the criminal history check box on employment applications, the Michigan legislature has not. In fact, they barred local units of government from instituting a ban within their jurisdictions.

Addiction is a condition that makes everything harder. Tempted by alcohol and drug-using friends and neighbors, maintaining sobriety is a constant struggle for many individuals. Relapses and the bad behaviors that accompany substance abuse often trigger economic collapse and criminal transgressions.

The Veterans, Sobriety and Mental Health Courts have helped reduce recidivism and promote healing among those adjudicated there. Mental health disorders are present in 64 percent of people in jail, according to the Bureau of Justice (as compared to nine percent of the general public), and 75 percent of them have co-existing substance abuse disorders. Treating those conditions and addressing the circumstances that perpetuate dysfunction are critical to avoiding reoccurring imprisonment and endless poverty. Nationwide, only five percent of those who qualify are referred

to a specialty court. Restorative justice practices, centered on restitution rather than retribution, also help small-time criminals rehabilitate rather than being consigned to a lifetime of alienation and poverty.

The newly elected Philadelphia District Attorney is demanding his office pursue the most lenient, rehabilitative consequences possible for most non-violent early offenders. His justifications are both financial – with each year of imprisonment costing \$46,000 – and moral. The city's incarceration rate has already dropped by nine percent since the policy change.

Housing continues to be a major hurdle for those in recovery. A few providers – notably Dawn Farm and

Home of New Vision – have housing units reserved for people in recovery. When available, people in their programs can rent these substance-free apartments and houses for up to a couple of years. Eventually they have to find independent housing and mix with the general public. The social pressure to drink or use again can be intense and a slip can mean a plunge back into the system. The Ann Arbor Housing Commission would offer a substance-free building if it had the funds to build or acquire one. This issue calls to me.

There are too many problems underlying poverty for any one of us to solve but if many of us work on solving the aspect that calls to us, the knot will untangle into manageable strands.

## PUZZLE SOLUTIONS

3	5	6	7	1	2	4	8	9
8	4	7	3	6	9	1	2	5
2	9	1	8	5	4	3	7	6
1	7	3	6	2	8	5	9	4
5	8	4	9	7	3	2	6	1
9	6	2	5	4	1	8	3	7
4	1	8	2	9	6	7	5	3
7	3	9	4	8	5	6	1	2
6	2	5	1	3	7	9	4	8

1	M	A	T	E	5	U	P	L	A	9	10	T	A	P	
14	E	P	I	C	15	N	A	I	L	E	16	E	R	A	
17	S	E	C	O	N	D	S	T	I	N	G	18	A	I	R
20	A	S	K	21	O	U	S	E	22	E	F	L	A	T	
24	L	E	I	L	A	26	C	U	R	L					
28	G	E	E	K	S	Y	S	T	E	M	30	A	F	B	S
35	O	L	D	I	E	36	H	O	P	37	M	A	I	L	
38	L	O	O	N	39	R	L	E	S	S	40	E	M	M	A
42	D	A	W	G	43	A	E	R	44	O	N	E	B	C	
45	A	N	N	O	46	C	O	M	47	M	O	N	C	O	O
48	U	N	E	S	50	A	T	E	O	F					
52	D	I	T	T	O	54	A	S	T	A	56	M	E	T	
59	I	D	O	60	T	O	P	I	C	A	L	63	F	I	S
64	R	E	M	65	M	E	A	D	O	W	66	A	N	T	E
67	T	A	B	68	E	R	R	A	T	A	69	D	D	A	Y



*Asian cashew stir fry  
recipe on page 7.*



## WE NEED YOUR HELP!



In Washtenaw County,  
14% of our citizens  
live in poverty.  
Another 23% struggle  
to make ends meet.

**GIVE NOW @uwgive.org**

United Way  
of Washtenaw County



## Local Dollars are Changing Local Lives

TRANQUILITY EARRINGS & LUSH BEAUTY SCARF  
HANDMADE IN INDONESIA & INDIA



MOMS LOVE  
gifts that are handmade  
(by global artisans)

**25% OFF**  
ONE ITEM



Offer valid at participating stores until 5/31/18. Not valid with other offers or discounts, purchase of gift cards, Oriental rugs, Traveler's Finds or consumables. One coupon per store per customer.

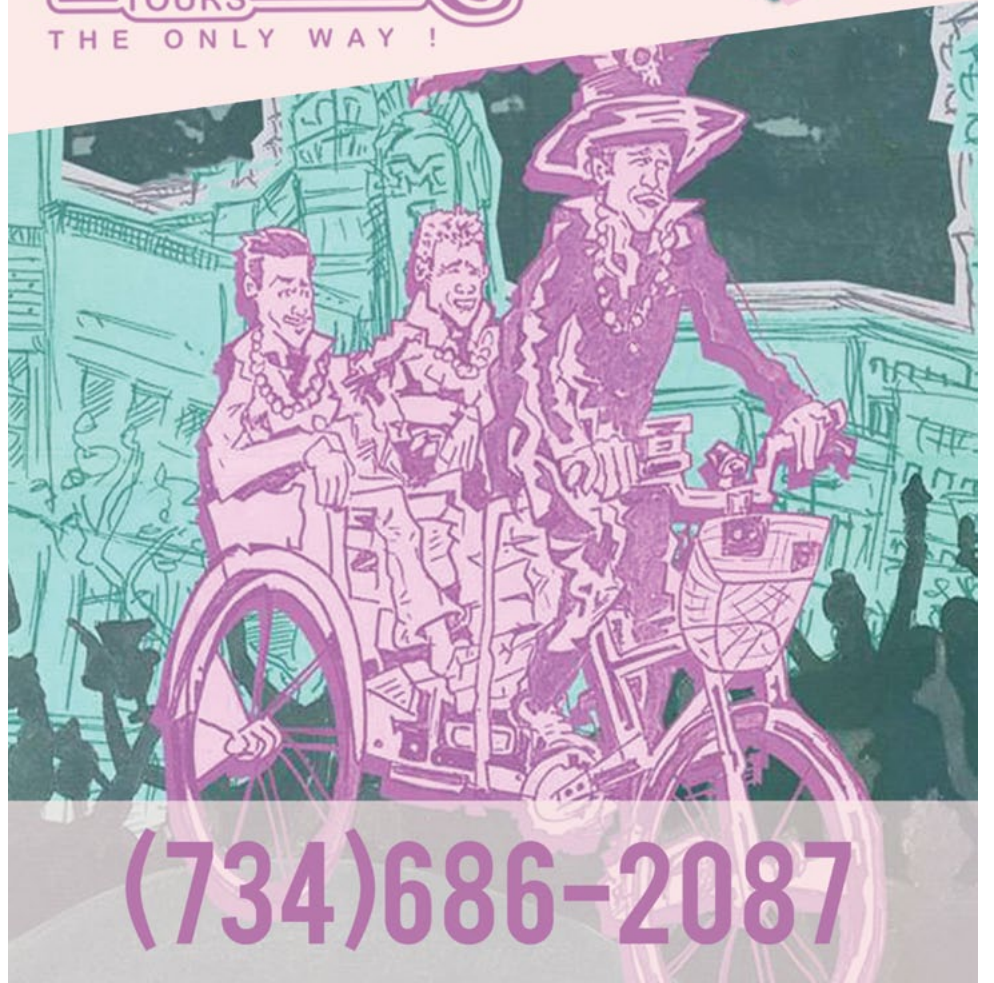


TEN THOUSAND  
VILLAGES  
303 S. Main St., Ann Arbor, MI 48014  
734-332-1270

This coupon is good for  
**1 free ride**  
from the Farmers Market

**BOOBER**  
TOURS  
THE ONLY WAY!

Hiring  
Now



(734)686-2087



Everyone is  
**WELCOME**

Our Community Food Co-op. Serving Ann Arbor Since 1971.

**\$1.00 OFF** ANY PURCHASE OF  
\$8 OR MORE

Cafe  
VERDE  
FAIR TRADE COFFEE BAR



PEOPLE'S  
FOOD CO-OP  
NATURAL FOODS GROCERY STORE & BAKERY

216 N. FOURTH AVENUE ANN ARBOR, MICHIGAN  
PHONE (734) 994 - 9174 • PEOPLESFOOD.COOP

One coupon per transaction. Must present coupon at the  
time of purchase. No other discounts or coop cards apply.  
Not valid for gift cards, case purchases, beer or wine.



OFFER  
EXPIRES  
5/31/2018